



PHOENIX TAEKWONDO



looking back over a month of Taekwondo

Inspiring a Generation

WELCOME TO PHOENIX TAEKWONDO 2024



One Year of Taekwondo finished - a new one to begin
You are part of a family run club that aspires to national levels beyond your normal local martial arts club. With over 200 members we make up more than 1% of the total national governing body membership and are the biggest single martial arts club in Didcot!

A year of fantastic achievements

- a 6th Dan Black Belt for instructor Chris,
- a Master 5th Black Belt Dan grade for instructor Russell,
- GB Squad selection for instructor Eunmi,
- 3 club members in the Great Britain National Team,
- Breaking the 200 member barrier for the club,
- 3 Club Grading Examinations,
- 2 Little Dragon Belt Gradings,
- 3 external club gradings conducted as guest examiners,
- 9 competitions for the club winning 21 Gold medals, 25 Silver medals and 23 Bronze medals,
- 2 athletes selected for GB Team German International,
- 3rd Team Trophy in the country at the largest domestic competition against the best clubs across the UK,
- Our first Level 2 National Referee for instructor Eunmi,
- Awardees at the Didcot Town Council awards,
- Hosting the 2023 national level Black Belt Examinations,
- A further 28 new qualified Black Belts in the club!

What will 2024 bring YOU in Taekwondo?

A Fantastic Offer for New Adult Starters in January '24

Welcome to all of our new adult class members who took advantage of our 3 months free training + uniform offer to start their Taekwondo journey with us in January! We have managed to cover so much in a month with you all, including basic blocks, punches, kicks, footwork and self-defence. Everyone is progressing just fine! Remember progress is always at your own pace - Taekwondo is a journey not a race!



UPCOMING EVENTS IMPORTANT DATES

- Feb 17th Sat: London Poomsae Championships
- Feb 25th Sun: National Poomsae South Training
- Mar 17th Sun: TKD Seminar North England
- Mar 29th Fri: No Taekwondo Good Friday
- Mar 31st Sun: No Taekwondo Easter Sunday
- Apr 21st Sun: National Poomsae South Training
- May 12th Sun: London Poomsae Championships
- May 25-26th: London International Championships

Welcoming our First Little Dragons Graduates of 2024



Welcome to our latest Little Dragons who recently graduated from the Little Dragons class to our mainstream Taekwondo Juniors! Congratulations to Joseph, Alastair, Zac, Luke and William who made the jump up in January! All of our new graduates received their special Tae-Yong Graduation Badge to go on the right-side front of their new Taekwondo Dobok uniforms. The Phoenix Little Dragons classes introduces our younger members to Taekwondo in a fun atmosphere, so that when they are old enough to join our Junior classes, they do so confidently and ready!

Phoenix Athletes Re-Selected for 2024 Team GB Squad



Congratulations to Phoenix athletes, James, Eunmi and Jon for once again being selected to represent the Great Britain National Taekwondo Squad. The first squad training sessions took place in January in London and Manchester. We are very proud to have a number of our students representing their country and also feeding back all the useful information at these training sessions, from the GB national coaches, to our own students at the club level!



This Months Little Dragons Tae-Yong Award Winners!



Congratulations to this month's Tae-Yong award winners, Sophie, Raiden and William! and Black Belt James who photo-bombed!

All winners get to photo-bomb the Tae-Yong selfie-frame and receive a special award sticker!

