



Phoenix Taekwondo

Phoenix Taekwondo forges international links with Korean Taekwondo School

Phoenix Taekwondo Stage Show "The Journey" movie now available to view!

Time flies in Taekwondo and it has already been 6 months since our epic Taekwondo stage show "The Journey", performed in front of an audience of hundreds at the Amey Theatre Abingdon on Saturday 25th



February, raising more than £1400 for the ROSY charity. For those of you who missed the commemorative DVD or want to see the performance again, we have made the show available on YouTube at;

<http://bit.ly/TaekwondoTheJourney>

For any problems with YouTube, the show can also be viewed directly from the Phoenix Website at;

<http://bit.ly/wwwTaekwondoTheJourney>

Enjoy and share with your Taekwondo friends and families!



Taekwondo is not just a Martial Art, it brings people from all countries and walks of life together as a family. During the Summer, Phoenix instructors visited the home of Taekwondo in South Korea to train with Grandmaster Kang Tae Woo, 8th Dan Black Belt and chief instructor of the Hwang Shil Taekwondo School. Training was tough every day of the week and sometimes twice per day but we learnt a lot about the way Taekwondo is taught in Korea and made many new friends. Phoenix Taekwondo students in the UK contributed



messages and signatures that were then presented to the Hwang Shil Taekwondo club as a token of our friendship and unity in Taekwondo as clubs together. This Phoenix Taekwondo message board now hangs proudly on the wall in the entrance hall of the Hwang Shil Taekwondo club in Korea.



++ Important Dates

Sun 3rd September: First Sunday TKD class of new term

Weds 6th September: First Weds TKD class of new term

Fri 8th September: First Friday TKD class of new term

Sat 7th October: National Black Belt Grading (1st Dan)

Sun 8th October: National Black Belt Grading (2nd Dan)

October: Little Dragons Belt Grading

November: Junior / Senior Grading Examination

Phoenix Instructors act as Grading Examiners in Korea

Phoenix Taekwondo instructors have been busy over the Summer break working with Taekwondo clubs in Korea. This included being invited as Grading Examiners for the Club Gradings.



Learning Taekwondo in Korea looks a little different on the surface compared to the U.K.: For a start it's five times a week, everyday and many children are collected from their giant apartment blocks by distinctive yellow Taekwondo buses. Taekwondo Dojangs (training halls) are purpose built and can

be found on every street corner with each Dojang serving a group of apartment blocks and having around 100 students. There are special Summer TKD doboks (uniforms); required for the 40 degree heat!



The grading examinations are similar to the U.K. with some

notable differences such as flexibility and stretching being on the syllabus! Our Phoenix instructor examined a total of 80 students over 4 classes ranging from our Little Dragons ages through to advanced Juniors. A great experience for us!



Welcome to Phoenix TKD's 150th active member!

A massive welcome to Katie who joins the Phoenix Taekwondo Wednesday Junior class at Ladygrove Park Primary School. Katie is shown with her national British Taekwondo licence and is registered as Phoenix Taekwondo's 150th current licenced member!



5 Years since London 2012 Taekwondo Olympic Gold: See how we have grown!



On August 9th 2012, Britain won its first Olympic Gold medal with Jade Jones in Taekwondo! At that time Phoenix Taekwondo was just starting out in Didcot. Mirroring this success our Taekwondo club is a bit bigger now!



++ This Months Little Dragons Tae-Yong Winners!

Well done to Olivia, Jamie and Lucas for taking Tae-Yong home this month!! Who will it be next month?

