



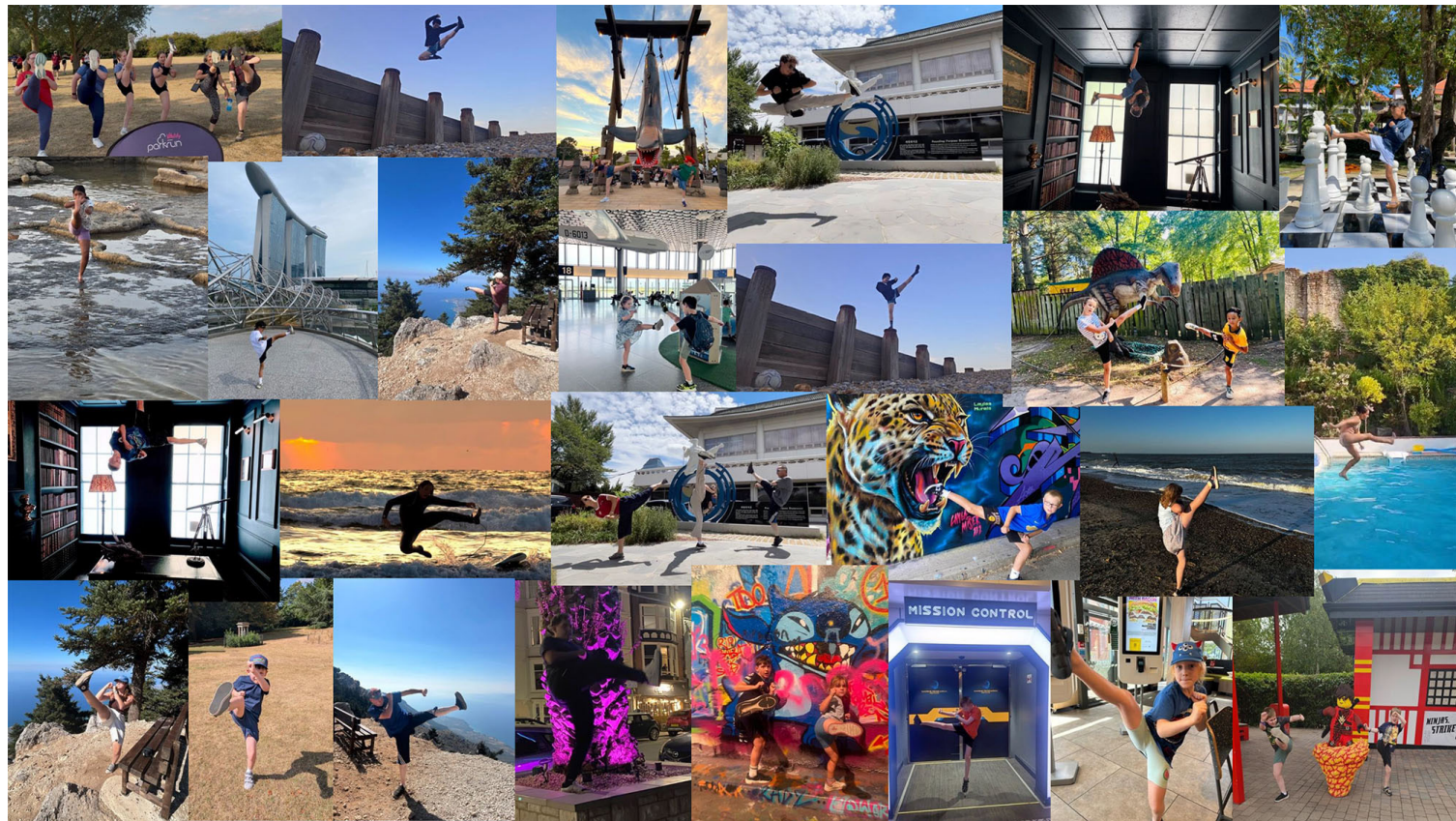
PHOENIX TAEKWONDO

looking back over a
month of Taekwondo

Inspiring a Generation



2026 PHOENIX SUMMER KICKING PHOTO CHALLENGE ALBUM



We had a tremendous response to our 2026 Summer Kicking Photo Challenge. With over 35 entries from across our classes from Little Dragons, Juniors, Adults to our Black Belts. The photos were snapped in locations from our local neighbourhood to across the globe including Germany, Greece, Spain, Japan, Singapore and Korea. All entries this year will receive a prize of Taekwondo merchandise brought back from Korea!



UPCOMING EVENTS IMPORTANT DATES

Sep 9 Weds: European Space Agency TKD Visit

Sep 20 Sun: Black Belt Seminar @Phoenix

Sep 20 Sun: no Sunday Class

Oct 17 Sat: Aquila Poomsae Championships

Oct 31-Nov 1: National Poomsae Championships

Nov 8 Sun: Mock (Club & Black Belt) Gradings

Nov 15 Sun: Black Belt Examination @Phoenix

Nov 20 Fri: Little Dragons Belt Grading

Nov 22 Sun: Phoenix Club Grading

April 24 2027 Sat: Phoenix Charity Stage Show

Phoenix Student Duke of Edinburgh Award News



Congratulations to Phoenix Black Belt Sammie on completing both her Physical and Volunteering sections of her Duke of Edinburgh Award with us. Sammie has been regularly helping at the Phoenix Juniors and has been a fantastic asset to the team!

Another Gold for Phoenix Para Athlete



Another month, another Gold for Phoenix Taekwondo Para athlete Eleanor, competing in the London Kixstar Open Championships, scoring Score of 8.83 with Patterns Taeguk 6 and Pyongwon. Next up is the European University Student Championships!

Phoenix Instructors in Korea



Phoenix Instructors were in Korea in the Summer, connecting with our friends at Hwang Shil Taekwondo in the city of Daegu. We were invited along to view the Daegu Poomsae Performance Championships and got VIP seats. It was a really educational experience to see how the competition is run and how athletes perform in Korea, the home of Taekwondo.

Phoenix to Host Nationwide Black Belt Seminar and 2026 Dan Grade Black Belt Examinations!

This year the nationwide Dan (Black Belt) Examinations return to Phoenix Taekwondo, a very prestigious event for us! The actual examination date is Sunday November 15th at Willowbrook Leisure Centre. In preparation for this, Phoenix are also hosting the 2026 Dan Grading Seminar, again at Willowbrook on Sunday 20th September. This is a chance for any and all of our Black Stripes and Black Belts (whether you are doing the examination or not) to train with the Taekwondo Dongmeng group of instructors including two 8th Dan Black Belt Grandmasters and many other students from clubs across the entire UK.



This Month's Little Dragons Tae-Yong Award Winners!

Congratulations to this month's Tae-Yong award winners Elaria, and Leo! All winners get to photo-bomb the Tae-Yong selfie-frame and receive a special award sticker! Who will it be next month?

