



Inspiring a Generation

# Phoenix Taekwondo



## Grading Examination Success!



### Congratulations..

.... to all the Phoenix Taekwondo members who passed the Winter Grading. It was a tough grading so hard luck to those who didn't quite make it, we are sure you will get there next time! The Winter Grading Examination was held on Friday 27<sup>th</sup> November with the presentation on the 4<sup>th</sup> December. An enormous number of students, more than 60 participants across all three of our class venues from Beginner Junior, Advanced Junior to Senior class members attempted to obtain their new Taekwondo grades. We were very happy to see that the standard was very high, noting particularly how much our Beginner Junior Class students had improved since the last grading. At the other end of the scale, our top senior students grading for Red Belt were tested on their destruction techniques with both hands and feet including a jumping back kick on the breaking boards – scary!! All grading results should now have been dispatched via E-mail, please take the comments on board so we can all work on the areas needing improvement into a new year of Taekwondo!

We hope everyone had a really fantastic Christmas and are all looking forward to shedding that Christmas Dinner "cheer" in January as we kick off a new year in Taekwondo!



### ++ Important Dates

**Weds 6<sup>th</sup> Jan: Classes Start Back Ladygrove Park School**

**Friday 8<sup>th</sup> Jan: Classes Start Back All Saints School**

**Sunday 10<sup>th</sup> Jan: Classes Start Back Manor School**

**It's Behind You!!!**

**Phoenix Students Star in Oxford Playhouse Pantomime!**



**We don't just do Taekwondo!**

A big hand to Phoenix Taekwondo stars James, Lottie and Sam who have been performing throughout the Winter at the Oxford Playhouse in Aladdin. There is still time to catch them on stage before the season ends. Great to see all three little stars giving Phoenix Taekwondo a mention in their stage bios! Traditionally one should not say "Good Luck" to actors but we don't really want to say the traditional "Break a Leg" either!

**Festive Taekwondo classes round off another successful year**

We rounded off the years Taekwondo with a set of festive Taekwondo classes with Santa Hat races from Little Dragons, through the Juniors and even the seniors.



For those who want a little extra giggle, do check out the hilarious video on our Facebook page of our Senior students performing advanced 3<sup>rd</sup> Dan Black Belt Pattern techniques while wearing their Santa Hats!

**Phoenix Taekwondo Hoodies available for winter**

Although it has been a mild December, our Phoenix Taekwondo Hoodies are still available to beat the impending January and February chill, to wear to class and out



and about to advertise your club! Pick from a large range of colours, even personalize with your child's name! Ask us at the class for sizes and prices or drop us a mail or message with enquiries.

**++ This Months Little Dragons Tae-Yong Winners!**

Well done to Felix and Cailen for taking Tae-Yong home this month!! Who will it be next month?

