



PHOENIX

TAEKWONDO



looking back over a month of Taekwondo

Inspiring a Generation

PHOENIX INSTRUCTORS JOIN 1st BRITISH TAEKWONDO CLUB SUMMIT



Phoenix Instructors were in Birmingham last month, representing our club at the 1st "UK Taekwondo Club Development Summit" hosted by the national governing body British Taekwondo. This was a full day of discussion workshops focused on club development, shared learning, and listening to clubs. We provided lots of valuable feedback during the day on our own experiences in running Phoenix Taekwondo over the past 30 years helping to shape the future of our national governing body

3rd Dan Black Belt Certification Received



Finally after 16 months of chasing, waiting for British Taekwondo to process applications, we have received the 3rd Dan Black Belt international certification from the Kukkiwon Headquarters, in Seoul South Korea for three of our awesome students. Congratulations to Marie plus Jean and Claire (now in Italy!) The wheels eventually turn (with enough pushing) and the international qualification is well worth the long wait.

Phoenix Referees supporting Competition



Phoenix have a very strong team of competition referees who regularly travel across the country to support British Taekwondo competitions. Last month saw Phoenix Black Belt and Class 3 Referee, Alfie, travel to London to support the London Poomsae Championships. These competitions would not be able to run with the support of the referee community.



UPCOMING EVENTS IMPORTANT DATES

- Mar 8 Sun: Poomsae Squad (K3/K2 + new members)
- Mar 8 Sun: GB Regional Squad Training London
- Mar 15 Sun: Poomsae Squad (Dan + K1)
- Mar 22 Sun: Learn your GradingPattern workshop
- Mar 29 Sun: Sport Sparring Taekwondo
- Apr 5 Sun: Easter Sunday no Taekwondo
- Apr 12 Sun: Black Belt Examination Preparation
- Apr 19 Sun: Phoenix Club Mock Grading
- Apr 26 Sun: Poomsae Squad
- May 3 Sun: Poomsae Squad
- May 8 Fri: Little Dragons Belt Grading
- May 10 Sun: Phoenix Club Grading
- May 23 Sat: Wales International Poomsae
- Sep 6 Sun: Bluewave Poomsae Championships
- Sep 20 Sun: Black Belt Examination Seminar
- Oct 17 Sat: Aquila Poomsae Championships
- Nov 7-8: National Poomsae Championships
- Nov 15 Sun: Black Belt Examination (@Phoenix)

THE PHOENIX TAEKWONDO BLACK BELT PHOTOSHOOT

Recently we had Phoenix Black Belt and Photography student Emily come down for a special photo-shoot at the Phoenix Black Belt Academy. Some fantastic action shots and photos that reflect the class atmosphere. We are very fortunate to have such talented students beyond Taekwondo alone across all of our classes! Photo Credit Instagram: @emilymdavis



TAEKWONDO DONGMENG ALLIANCE INSTRUCTOR SEMINAR 2026



Phoenix Taekwondo is one of the founding members of the Dongmeng Taekwondo Alliance of British Taekwondo Clubs, organising nationwide seminars and Black Belt Grading Examinations. Last month the Dongmeng instructors seminar was hosted in Nottingham, with Phoenix in attendance, helping to explain the requirements of the Black Belt Grading syllabus to instructors from the family of Dongmeng associated clubs. The day also included a focus on club welfare plus dedicated group focus sessions on Patterns, self-defence and board breaking techniques allowing us to share our teaching expertise among other club instructors. In this way, the Phoenix family and Taekwondo Dongmeng alliance of clubs continues to grow.

This Month's Little Dragons Tae-Yong Award Winners!

Congratulations to this month's Tae-Yong award winners Isobel, Henry, Alex and Rafe! All winners get to photo-bomb the Tae-Yong selfie-frame and receive a special award sticker! Who will it be next month?

