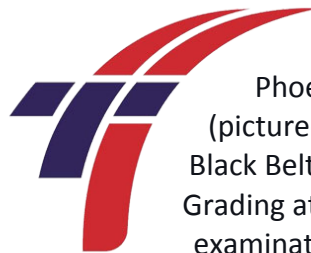
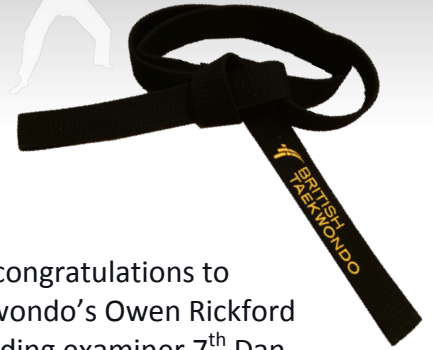




Inspiring a Generation

Phoenix Taekwondo

A NEW BLACK BELT at PHOENIX TAEKWONDO!



Massive congratulations to Phoenix Taekwondo's Owen Rickford (pictured with grading examiner 7th Dan Black Belt Master Guest) for passing his Black Belt Grading at the British Taekwondo national grading examination in southern England on the 19th

March! We are delighted to maintain

BRITISH TAEKWONDO

Phoenix Taekwondo's continued 100% pass rate, at what was an extremely

tough grading. The grading standard on the day was very high and was combined with a strict marking regime resulting in around a 1 in 8 failure rate. The grading consisted of the required Poomsae (Taegeuk Paljang, Taegeuk Chiljang plus a pattern selected by the examination panel), followed by a grueling sparring session that kicked off with 4 minutes of none-stop one-for-one kick sparring, which saw Owen still performing flying kicks while others flagged around him! Chief Examiner and 8th

Dan Black Belt Grandmaster Ian Lennox personally commended Owen on his performance after the Grading Examination. Successful candidates received their Black Belt, British Taekwondo National Certificate and will later receive their official grading certificate direct from the Kukkiwon Taekwondo World Headquarters in South Korea!



++ Important Dates

Weds 6th April: No Wednesday Class

Sunday 24th April: Junior and Senior Grading Examination

Friday 29th April: Junior and Senior Grading Presentation

Saturday 7th May: Long Wittenham Demonstration

Little Dragons Grading Success



A big well done to all the Little Dragons who successfully passed the Little Dragons Belt Grading in March. We thought it was a superb performance by all our Little Dragons, especially those who have only been with us for a month or so. New belts were presented at the grading award ceremony on Friday 18th March including one new national grade 9th Kup Yellow Stripe Belt for George Walker, the



highest awarded belt in the Little Dragons Class. At each grading we also try and reward one or two students who performed exceptionally well or scored very high marks. However, it proved so difficult to select the students that we just had to take the unprecedented step of awarding 3 Grading Merit Awards at this grading!! So a very big well done to Alice, Nathan and Marie for their superb performances at the Little Dragons Grading!

Junior Senior Grading



Remember that it is not long until the next Junior and Senior Grading will be upon us!

The examiner has brought 3 key points to our attention;

- Patterns correct and with confidence.
- Power in all techniques.
- Correct Taekwondo etiquette and discipline.

Its going to be tough - don't leave things until the last few weeks – it will be too late !!

TKD Demo

A reminder that we will be on the look out to invite students to join our Phoenix Demo

Team to perform at the Long Wittenham May Fair on Saturday May 7th. Watch this space!

++ This Months Little Dragons Tae-Yong Winners!

Well done to Thomas and Ashton for taking Tae-Yong home this month!!
Who will it be next month?

