



Inspiring a Generation

# Phoenix Taekwondo



## NEW BLACK BELTS at PHOENIX



We are delighted to announce our first new Black Belts at Phoenix Taekwondo! Phoenix had 4 candidates attempting their Black Belt at the National Black Belt grading examination in Mansfield Nottinghamshire on Saturday 31<sup>st</sup> October. Congratulations to Matthew, James and Sam who managed to successfully pass and obtain their Black Belts on the day, pictured here with the chief international examiner Master Guest 7<sup>th</sup> Dan Black Belt. After an early start to the day, leaving around 6am and making the 240 mile round trip to the examination centre, it was a tough examination with around 150 candidates and a painful 1 in 8 failure rate. All our students did a fantastic job performing a grueling

series of patterns, one-for-one kicking, self-defence, 1-step-sparring and free sparring. At the end of a 7 hour day, we had the nerve wracking wait while the results for the grading were called out. All successful candidates received their Black Belt, British Taekwondo National Certificate and will later receive their official grading certificate direct from the Kukkiwon Taekwondo Headquarters in South Korea!



Following on from our demo for the Didcot First Clubs and Societies Day in September, the Phoenix Taekwondo Dance Fusion Squad has been invited to perform at Cornerstone during the Didcot Business and Community Awards Ceremony this month.

### ++ Important Dates

**Weds 4<sup>th</sup> Nov: New Beginner Juniors Ladygrove Park School**

**Friday 13<sup>th</sup> Nov: BACA Demonstration Cornerstone**

**Friday 27<sup>th</sup> Nov: Junior and Senior Grading Examination**



Congratulations to Phoenix Taekwondo senior star Kath for successfully completing the Oxford Half Marathon while sporting her Phoenix Taekwondo T-shirt! Great Effort Kath and a lovely bit of advertising

## Little Dragons Grading Success

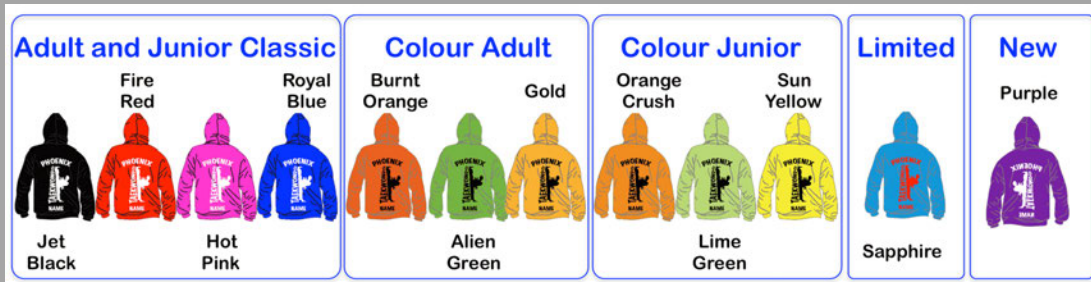
A big well done to all the Little Dragons who successfully passed the Little Dragons Belt Grading in October. We were especially impressed by the quality of the Taekwondo hand



techniques and the power and the spirit that all the little Dragons performed their grading with. New belts were awarded at the grading award ceremony on Friday 23<sup>rd</sup> October including four 10<sup>th</sup> Kup Yellow Stripe Belts, the highest awarded belt in the Little Dragons Class. A special well done also goes out to Felix and Lewis for winning the special Grading Merit awards at this grading!!

## Phoenix Taekwondo Hoodies available for winter

As the nights are getting darker and colder, our Phoenix Taekwondo Hoodies are ideal to wear to class and out and about to advertise



your club! Ideal for Christmas, pick from a large range of colours personalized with your child's name! Ask us at the class for sizes and prices or drop us a mail or message with enquiries.

## ++ This Months Little Dragons Tae-Yong Winners!

Well done to Marie, Jonas and Greg for taking Tae-Yong home this month!! Who will it be next month?

